

Smart life in Fife

Fife's self-assessment tool to help people live independently for longer

Fife has a new on-line based self-assessment tool. This will enable people to access advice, services, recommendations or simply purchase daily living solutions such as bathing and kitchen equipment or rails.

These vital services can make everyday activities easier and enable people to live more independently at home for longer.



Step 1 - Identify what you are struggling with

Step 2 - Answer the self-help questions



Step 3 - Get your result

For further information email:
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